# **Workplace Solutions Assessment** A Service for Optimizing Health and Wellness Practices

# **Improve Employee Health**

The American Cancer Society Workplace Solutions Assessment service will survey your company's health and wellness practices and recommend strategies for improving employee health behaviors.

# **Learn About Your Options**

Employee health issues can have a major impact on your bottom line. The Workplace Solutions Assessment service will demonstrate how your company can leverage the work environment to have a positive impact on helping your employees stay well.

#### **Proven Strategies**

Workplace Solutions Assessment is built on a set of best practices proven effective at improving health and is backed by recommendations from expert scientific review boards like the Task Force on Community Preventive Services. This work has been summarized and packaged to provide you with a comprehensive guide to high-impact, cost-effective prevention strategies.

## **Healthy Benefits, Policies, and Programs**

A worksite environment that promotes good health is achieved with a combination of preventive health care benefits, proactive company policies, and wellnessoriented programs. The American Cancer Society can help your company design benefits, policies, and programs that maximize your company's health and wellness dollar. The Society can also offer programs that match the wellness and cancer-specific needs of you and your employees to help you stay well and get well.

#### **Control Health Care Costs**

Health benefits are the fastest rising labor costs for employers today. Efforts to control costs must maintain an attractive health benefits package that satisfies your workforce and appeals to job candidates. Workplace

Solutions Assessment will help you design preventive benefits that reflect your company support for employee health and commitment to reducing the human and financial toll of chronic diseases.

### **Increase Productivity**

The indirect costs of poor health, including absenteeism and on-the-job performance, can measure two to three times that of direct costs. Employees who live a healthy lifestyle through regular exercise and a healthy diet tend to feel better, have more energy, be more productive at work, and are less likely to miss work.

#### **Boost Employee Morale**

People appreciate the help and concern of a caring employer. Health-related policies and programs create a positive corporate culture. This can help build a staff of dedicated people who are committed to your company.

#### **Fast Facts**

Chronic diseases - cancer, diabetes, heart disease, respiratory disease, and stroke - account for 70 percent of all deaths and of all health care expenditures.

· Research suggests that nearly two-thirds of the diseases underlying these costs can be prevented.

For more information, visit acsworkplacesolutions.com or call 1-800-227-2345.

1.800.227.2345 cancer.org



Participate in Workplace Solutions Assessment to learn how your company can improve employee health.